



For more information,
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Network Overview

Midlands Choice is one of the Midwest's premier independent provider network, contracting with more than 20,000 physicians and other licensed healthcare professionals, more than 300 hospitals, and more than 1,600 ancillary healthcare providers.

More than 520,000 members access our network.

The core network spans Nebraska, Iowa and eastern South Dakota, with providers in portions of adjoining states including Colorado, Wyoming, Kansas, Missouri, Illinois, Wisconsin, and Minnesota.

We contract with providers who offer discounts on healthcare services to members of about 120 insurance companies, third-party administrators (TPAs), and other organizations.

Through these relationships, Midlands Choice is an important part of creating quality and affordable choices for healthcare consumers.

Our company's history dates to the 1980s. Our shareholders are: Alegent Health, BryanLGH Health System, Catholic Health Initiatives, Healthcare Partners of Western Iowa, Methodist Health System and Nebraska Health Partners.